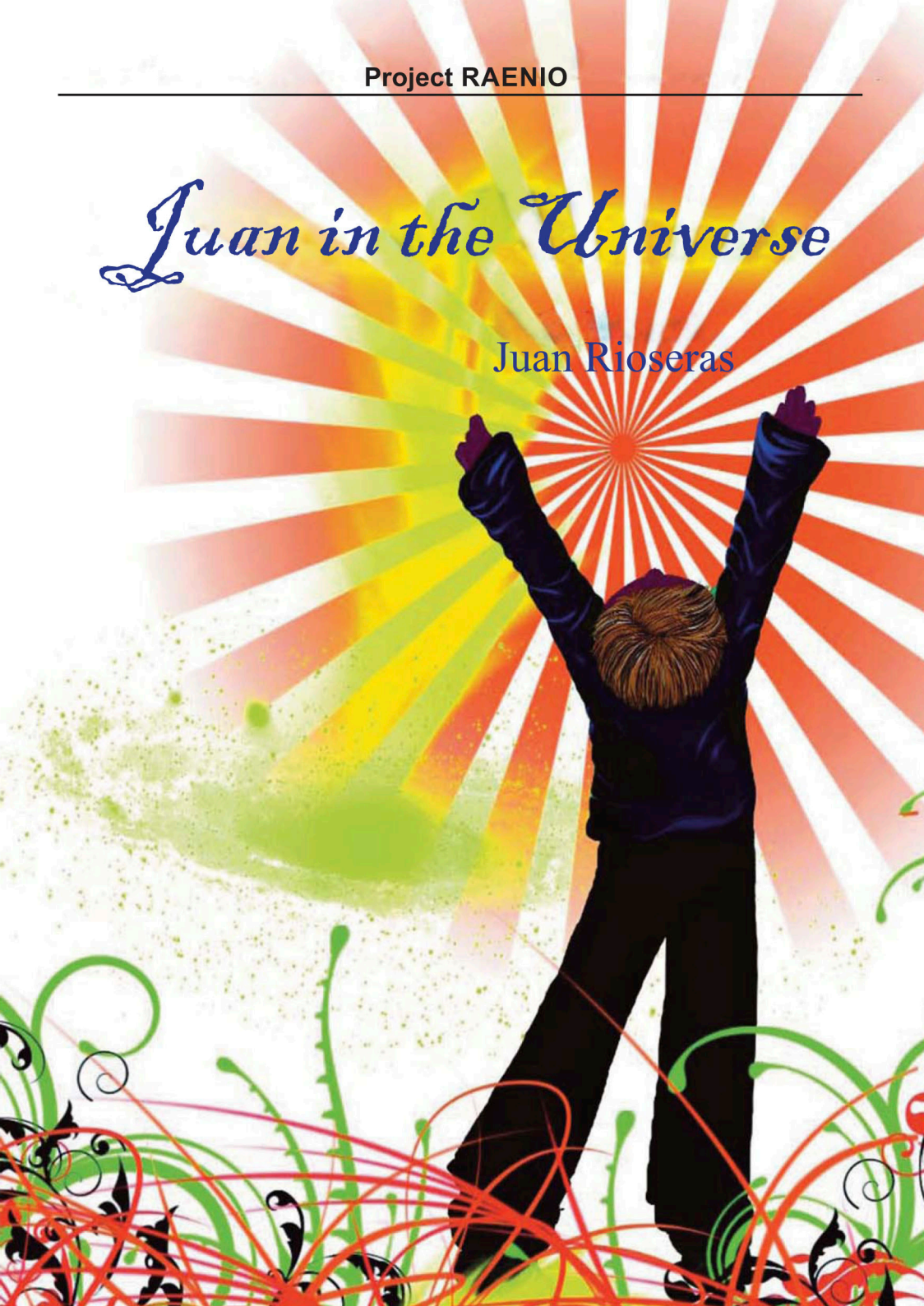


Project RAENIO

Juan in the Universe

Juan Rioseras



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*Juan
in the Universe*

Juan Rioseras

My dear children,

Do you know that your parents' love for you is immense?

Their love makes you grow in love and wisdom, because they are your teachers.

Thanks to them, you play, go to school and get ready for the day that you start your own life.

When your parents grow old, take care of them, just as they took care of you when you were small.

Juan, the boy of this story, is looking after his mother from heaven, just like his mother looked after him on Earth with all her love.

We should always live in peace and harmony with our loved ones.

With Love

Elena Aurensanz Ortiz, Juan's mother.

To my parents and my sister

CHAPTER I

Once there was a boy called Juan. He lived in the Universe and was very happy although his parents and his sister were no longer with him, because they were still on Earth.

Juan arrived in the Universe on April 1, 2001. His energy was elevated and he arrived in the Universe while his body stayed on Earth.

He was born in Saragossa on July 6, 1981. His parents wished to have him and were looking forward to his arrival. Five years later his sister, Violet, came and increased the family. They were happy and life was a blessing.

Over his nineteen years on Earth Juan had time to do a lot of things, he even enrolled at the university two years before his arrival in the Universe. When he arrived in the Universe he didn't understand where he was. He had little light, he did not know anybody and he suffered a lot. He wanted to go back to Earth, but he couldn't because he didn't have a human body, he had left it behind.

He was sad and cried a lot. His parents cried and cried and his sister didn't smile. Fortunately, a dark-skinned stranger approached him. He had a lot of light. He introduced himself as his guide, Thamanuel. He would be like a father to him until he arrived in the light, that is to say, until he arrived in eternity where the light melts with the Universe and becomes part of the cosmos transforming into a star.

Juan looked at him sadly and asked him why he couldn't go back to Earth. Thamanuel explained to him that he already belonged in the Universe. He explained that some young men like him had taken his life and he could no longer be on Earth, since his body had been stabbed and was lifeless. But Juan still didn't understand.

"Very good, I'll show you so you can see for yourself." Thamanuel said.

He took him by the hand and the two went back to Earth. Sure enough his body was lying on the asphalt. They were reviving it, but they didn't know that his heart had stopped beating. Also he saw those boys who had taken his life. They were heading to a bar as if nothing at all had happened.

"Don't be sad. From now on your life will be more pleasant, you'll live in peace and harmony." Thamanuel said.

"But... What about my parents and my sister? I can't go leaving them like this." Juan said.

"Do not worry about that now, Juan, you will be able see them whenever you want and I'll come with you since you still do not have your own light." Thamanuel said.

"Thank you, Thamanuel." Juan said, returning to the Universe again.

CHAPTER II

The days passed and Juan was adapting to life in the Universe. He was getting closer to being his own light, but still he was sad, He looked towards Earth and saw that his parents and his sister were very sad and couldn't stop crying. He couldn't undertake his journey into the light leaving them like this.

"What can I do?" he said one night when he was lying down looking toward the stars.

The stars told him that he could return to Earth to be with his family but, of course, he was no longer a human being, now he was energy.

He already knew all this because his guide, Thamanuel, had explained it to him, so he didn't think twice. Everything was Ok with him, as long as he could be with his family.

"Agreed, Juan, you may go on two conditions. First, you will have to forgive the young men who took your life. Then, you will have to study a lot and prepare yourself to be noticed by your family without scaring them." they answered.

So he set himself for the task of learning everything the stars wanted to teach him, as long as he could go back to Earth again.

"You will start immediately. Talk to your guide, Thamanuel, and tell him everything we have told you," the stars said. And this is how Juan started his process of evolution.

He entered the University of Crystal to study history of Herodotus and Aristophanes, because that was what he liked when he lived on Earth. However, he was attracted to the sciences, too, and was studying second year of engineering when he left the Earth. If only his life hadn't been cut short!

As the good student he was, he soon finished his studies of history at university. Since he was a scholarly student he applied to be a professor to teach at the same university.

Juan is very well liked by his students; he is a proficient teacher. When he lived on Earth he didn't take full advantage of his two years at university. In the Universe he has understood that he was a bit carefree as on Earth, so he strived to apply himself at the University of Crystal and excel at his studies.

He had done a part of what the stars had told him, but he still had to pardon the young men who had taken his life. He set out to do this task with the help of Thamanuel, who assured him that it wouldn't be difficult.

Accompanied by Thamanuel he headed toward Earth to visit them and he was shocked by what he saw. They were heartless youngsters who had lived in dysfunctional families and had grown up without love. He understood that it was hate that had taken his life. He realized that they weren't really at fault for his death; the real cause was their life circumstance. Deep down they were young men like him, but they had not had the same opportunities. It is difficult to grow up without love. He saw them forsaken of society with a hopeless future waiting for them.

His guide looked at him. He didn't say a word, but he knew what Juan was thinking. Now Juan understood his death.

“Thamanuel, can we do something for those young men?” Juan said.

“Well done, Juan. I see that you have understood.” Thamanuel said.

They both went back to the Universe and from there they made a plan. They would look for a person on Earth who could be the channel for Juan’s energy. This would be the way to help them. They needed to learn you cannot live life with your heart full of hate. Only love can drive out hate and lead you on the way of salvation. By forgiving them he had already fulfilled the last requirement the stars had asked him to meet.

“Well done, Juan. We see that you have understood; therefore you have permission to go back to Earth as energy.” the stars said.

CHAPTER III

Now Juan had his own light and could move very fast through the Universe. He could be in several places at once, do the tasks that were given to him and visit his family on Earth.

One night, he heard his mother's thoughts. She wanted to do something so Juan's death would not go unnoticed. She was tired of suffering. Now she wanted to do something positive in his memory. He was so happy to hear that! He went to tell his guide.

"Don't worry, Juan. I will help you both, your mother and you. You will have to work hard, though. It will not be easy, but if you do it with love, everything will turn out fine." Thammanuel said. So they set their hands to the task immediately.

When Juan arrived in the Universe he found a friend who gave him light in the first days. The two were in the same group and it had been through his friend's family that Juan had been able to get in touch with his mother.

His energy passed through one of his friend's relatives and he was able to hug and talk to his mother. It was the first contact that she accepted happily.

Juan had made great progress in his process towards Earth. Now he had to prepare his mother.

She was not very well, she had a deep depression caused by his death. He would have to be patient and wait until she

was able to forgive his murderers. It was very hard for her, but in the end she succeeded and now she no longer feels anger or hate. She has forgiven them, because she has understood, that those young men were victims of the society in which we are living. They both had forgiven them and now they were embarking on a path to love, the path that will save humanity.

It has been four years since Juan arrived in the Universe. The stars have given him the most beautiful gift that an energy can receive: Being able to be in the Universe and on Earth at the same time. It is difficult for humans to understand all this; but for those in the Universe, it is very easy to be in several places at once.

When Juan's energy reached the Universe, he followed the process that all energies do, but he immediately saw the light. Unknowingly, his mother was giving light to him. It was her love for him that elevated him so quickly. The unconditional love of his mother, which is given without asking for anything in return, has been very helpful in Juan's process towards the light.

Having reached the light, Juan can help his family and many more people who need him. Having forgiven, both he and his mother can transmit messages of love from the energies that are in the Universe. It is very beautiful work that is done unconditionally because it is done with love and love does not cost any money. Unreserved love is generous and the cheapest thing in the world. It will open all doors and will save our lives.

Love has raised Juan and saved his mother from living a hopeless existence. If she gives love, she knows that she can be with Juan's energy as often as she wants. Besides, since

Juan's energy is with his mother, Juan can help many people who need it on Earth.

Juan feels relieved now because his mother has understood that he is happy there where he is and she is starting to move on. That's why he does not have to look out for her so much anymore.

CHAPTER IV

When Juan came to the Universe, he was put in with a group of youngsters like him with similar tastes. They liked the same music, the same sports, they played football but, as he advanced in his process, he changed groups.

Now that Juan has arrived in the light he is in a very advanced group. They form a group of angel warriors who are anxious to do things for humanity. They do their best to help us to make the most of our lives on Earth and let us know that life goes on in the Universe. Although our physical body remains on Earth our energy is not destroyed, but goes on to live in the Universe.

The members of this group have successfully integrated their energies to do a lot of work and in their free time they do the same things that they used to do on Earth. They have formed a team and they happen to be very good, they also have created a music band. When Juan lived on Earth, he played the saxophone and now he also plays the sax in the Universe.

What they don't do is eat because there they don't need calories from sweets, fish fingers, or chicken. They feed on love and it is the love of his family that feeds Juan. He does not need to sleep, either so he has a lot of time to play, study, read and walk through the clouds and fly. They enjoy it so much that they live in a permanent state of joy and do not miss living on Earth.

Juan reassures his mother that he is happy in the Universe and encourages her to live her life to the full. If she is happy, he can also live happily in the Universe. Mothers suffer for their children who are gone, but they must know that, if they move on, their children also do. Now that his mother has understood it, he is on cloud nine.

The Universe is immense. There are so many energies as there are humans on Earth. I'll tell you a very beautiful story of an energy that arrived in the Universe on a New Year's Day.

He was a basketball player who suffered a stroke and his heart stopped working. His name was Samuel, but we call him Sami. He arrived directly as light and when he came to my group, I had already been in the Universe for two years. We have become very good friends and we have also united our families. Sami's mother and my mother talk a lot about us and are very good friends; they help each other making life more bearable for one another. Sami has formed a basketball team in our group and he is the trainer. He is also an excellent student of mathematics.

Sometimes he is sad because his mother does not understand why he left. That's why he is so happy about the baby girl who is going to be born in the family in January, the same month that he came to the Universe. Soon his brother, Guillermo, is going to have a sister. His mother isn't very young, but Sami is helping her so that everything will go plain sailing in the birth. He is learning to communicate with his father, as I do with my mother and he expects to do the same with his mother when his little sister is born and she feels better.

CHAPTER V

Juan is very, very happy in the Universe now that his mom is happy and wants to receive his energy. He has two homes, one on Earth and the other in the Universe and he works in both places.

He can be in several places at the same time. He can be both on Earth and in the Universe, so he is thrilled.

While he lived on Earth he had only been a student. He had not had a job yet. Only in the Universe did he know what work was like. His favorite job is working with his mother transmitting messages of love to people who are mourning for their loved ones, who are living in the Universe.

He also has another job, which is not so satisfying, but he does it with affection and love. He receives newcomers in the Universe and tells them what's happened to them and all the things they need to know. The energies arrive so disoriented that they don't know where they are. It is necessary to make them understand many things, like they no longer have a physical body, they no longer belong on Earth, they are energy and they will lead a blissful life in the Universe in harmony and peace if they want to evolve. Juan is happy to be able to help in as many ways as he can and give back for all the help he got when he arrived.

Another thing he has been allowed to do is be with his friends on Earth when they get together. He goes to them and

tricks them with things like turning off the lights, turning on the music and making them speak of him when they get together at a dinner, a dance or a game of cards. He really enjoys these moments.

Although his friends don't see him, they feel his presence. They love him a lot, they remember him and they often visit his grave in "La Paul", a village close to Saragossa where his parents buried him. He sees them from the Universe and is happy that they go up to see his grave.

Some of them have already finished their studies and are working. He feels very proud of them and he sometimes goes to be with them in their meetings, their conversations and their homes. When they have their own families and children, they will realize what it means to love their little ones first hand.

As you see, I am very busy between Earth and the Universe. You are very young and you don't know because you've never heard many of these things, but you can understand that our energy lives forever.

As you know, my life on Earth was very short, but it was not my destination to come to the Universe so soon. I would have had to go back again to Earth to finish my life, grow old, study, work, have a family. Since that will not happen, I have to continue this earthly life in the Universe now.

I'm sure you're wondering how this is possible. I also wondered the same thing at the beginning, but for those of us which are in the Universe there is nothing impossible. I can continue my life in the Universe because I have a disinterested person on Earth who will help me do my work there: my mother. She asked to do something for me and she was granted her wish.

It was time to prepare my mother's mind. At night, I used to enter her dreams, talk to her and hug her. She wrote down her dreams and afterwards interpreted them. This is the way in this way she found out things about me, for example, how I was feeling, the plane I was, how much light I had... The days passed until one night she heard in the music in my room poems and writings dedicated to her that she then found in a search of the Internet.

I wanted her to move on and not to sink in a depression caused by my leaving. So, she was ecstatic when she realized that I was really trying to communicate with her through poems and other writings she found online. She felt much calmer and this was the beginning of her healing.

One of the poems read like this:

Fire of glory

*You are the whole world
the good, the first.
You belong to the Universe,
unique and special,
and your voice will be heard.
Run, don't stop,
without limit or borders.
Jump, touch the heavens,
endlessly compete.*

*Join your body with your soul and you'll
[be unstoppable
in pursuit of your dreams.
Flowing in your veins the energy and freedom*

*to compete without fear.
Beat the sunlight in the sky,
win your place in time
win your place in history,
run faster than the wind
and the fire of glory will be with you.*

*To the rhythm of a beat
the nerve is lit,
the emotion awakes.
People will be united.
Your joy they will feel.
And you carry the name
of more than ten million.
The cries of your people
and their fraternity.*

(by Marco Flores)

I led her to this and other writings so that she could pass on my messages to the world. Although it has not been an easy task, together we made it happen.

My mother is busy helping me continue my life on Earth. Thanks to her, I will not have to be born again to finish my cycle, as it wasn't my destiny to lose my life.

CHAPTER VI

The bond between Juan and his mother is wonderful. The love they profess to each other is what joined them again. His mother is good and wants to help. That is why she can do what she is doing with the help of Juan's energy.

His mother writes a lot, she has written books that her son, Juan, dictated to her through her mind. The purpose of these writings is to tell young people what happens when a body ceases to exist on Earth and its energy is elevated to the Universe.

When Juan's energy goes through his mother's body, she has a great feeling and that helps her to continue with her life. Besides, when his energy passes through his mother's hands, her hands get very warm and can ease the pain of people who are having a hard time.

"My mother likes everything she does and she's helping me evolve. So I don't have to go back and finish my life on Earth. It is a labor of love and self-help for us both that will help young people, the same ones who crossed my path that fateful night on my way home. Without a second thought, they left me fatally injured on the ground." Juan says.

What induced them to do this? It was anger and hate. That is why Juan wants to get to them and that is going to happen through his mother.

He wants to talk with them and tell them that what they did was very wrong. They have to repent for the pain they

caused and ask for forgiveness. When they do this, they will begin the path to their reinsertion; if it they don't, they probably will not make it in society.

They were underage. What will be of their lives, if there is no repentance and they don't get to know love? When energies like these get to the Universe, they are not welcome and will wander. To get to the light it is necessary to experience love. Without love there is no life.

CHAPTER VII

The Universe is beautiful and full of stars. Why are some of them more brilliant than others? When I lived on Earth I was told that the youngest ones shine more brilliantly. From here it doesn't look that way. The stars are formed by our energies.

Our energies make the stars. Those that shine more are formed by very positive energies that arrived in eternity and have melted into light, becoming part of a star. It is wonderful to see the Universe sparkle with its shining stars. They give us good advice and lead us to places full of light.

Why is it that I like to look at the stars so much? Is it that I already am one of them? Perhaps this is it. I feel so wonderful in the Universe! I love playing with my stars, jumping from one to another being careful to not fall. Well, I'm just teasing you because an energy can never fall. What's true is that stars are a lot of fun and a great help to guide you into the light and love.

Here is a little story about a boy who wanted to reach the moon.

Once there was a very naughty boy who wanted to go to the moon. Every night he looked at the stars and asked them what he could do to get to the moon. The stars laughed because he was so small that, for everything he ate, he would never reach her. The stars told him to put an apple under his

bed at night, since the moon loved apples and so he did. He took the apple he got for dessert and he put it under his bed before he went to sleep. He had to do it three nights in a row. This way he would ask the moon if he could reach her.

When the boy got up in the morning, he looked under his bed and the apple had disappeared. Two nights remained. He would have to be awake to see when the moon came down to eat the apple, he thought. Unfortunately, he fell asleep the second night. Only one day remained. If he fell asleep he wouldn't be able to talk to the moon. This time, he stayed awake all night and he saw the moon come through his window and go under his bed to take the apple.

"Don't go yet, Moon, I'd like to ask you something important. What do I have to do to get to you?" the boy said.

The moon looked at the boy tenderly and told him: "If you are a good boy and love your parents a lot, you will be able to be with me whenever you want. You only have to call me and I will come to you, I will come through your window and I will illuminate your bed."

From Earth the Universe looks different from the way we see it here. You see the stars forming figures you call constellations. But, in reality, the stars are formed by energies that have come from Earth. That's the way we see it from here. In the Universe just as on Earth, we are in a permanent state of evolution toward the light and the stars light our way. In the Universe just as there on Earth, everyone has a star that will illuminate the path to the light.

It would be beautiful if all young people could read this. Perhaps then, they would value their passage on Earth more highly and we could talk about new theories that come from

the Universe. Although it seems hard to believe, this is all a reality and our lives would turn around if we embraced more of what the Universe can provide us with.

As you just read, everyone has a star. When we need help, we can turn to it for help. It's easy to do if you close your eyes and imagine the star in the middle of your forehead. Visualize it and ask it for your wish. So does my mother whenever she wants to talk to me. She visualizes my energy and I rush to her. You see, I am like a star you see twinkling in the Universe. My mother has a star and I am that star. You must know that just as my mother found my star, any mother can find the star of her child in the Universe.

When my mother visualizes my star she is happy because she knows that I will immediately attend her call. We talk and we are very happy. How beautiful it would be if all mothers could chat with the stars of their children. Mothers, visualize your children's energy! Then, feel your immense love until your love fuses with them.

Maybe you can't believe it, but a mother's love can work miracles. They can get in touch with their children who are part of the Universe. Love is the link between both worlds.

My star is a young bright star and because I have my mother's love, I can shine more and more.

CHAPTER VIII

Today, like any other day, Juan heads to his assigned jobs in the Universe. Since he is energy he doesn't need to wash, have breakfast, get dressed... Can you imagine? He can get ready for the day in no time.

The first thing he does is to kiss his mother good morning. On the way back to the Universe he observes the children go to school and their moms kissing them good bye. He approaches his old university and even tickles a classmate on the cheek. His sister, who is also studying engineering, is getting ready for class. She means a lot to him. He adores her and goes all the way to university with her, making her smile with his light. His going to the Universe affected her greatly. She grieved his loss so much that she lost her smile, but thanks to her friends she is coping with it and starting to be the cheerful girl she used to be.

His dad, with his gray beard, looks serious as he walks to work. It is not that he is very old, but since Juan left, his hair has turned white and he looks like Santa Claus. He greets him with a kiss of light and wishes him a good day in the bank. It's time to leave. They are all ready to start the day.

I'm already here, in the Universe. Our guides tell us to attend to some children who have arrived from Earth. A strong hurricane has elevated them to the Universe. They are of every kind: colored, white, blond, brunet and some have almond-shaped eyes. However, we receive them all the same,

because race and social class don't exist here. We are all equal here; the rich, the poor, the ugly, the good-looking, the sick, the healthy... and we care for them equally.

Our task is to take care of them and tell them what has happened to them. Afterwards, we divide them in different groups. Caring for children is very satisfying because their lives on Earth have been short and their energies are very brilliant, they don't have much to repent and so their evolution to light is very fast. After having finished with the children, we head to our basketball game. It's necessary to exercise to be stronger and not catch a cold. I'm teasing you again, because illness does not exist here. Everybody is healthy and fit as a fiddle. I will give you an example, so you can understand it. Children on Earth may be ill or missing a leg, but here they cease to be ill and go back to having the two legs they had before. Everything is fixed up here.

Now I have to go the University of Crystal. Yesterday I told my students that today they would get a test. After the holidays everyone is rusty and a bit absent-minded and it's necessary to check on the students' knowledge before beginning the new classes. In the afternoon, I will be meeting up with Sami and Rafael. We have to get ready for a concert and we have to practice for the welcome party for the New Year. Oh! And I mustn't forget to treat myself to a relaxing bath in one of our lakes of light. It is a pleasure to swim in them. As you can see, we do practically the same things that youths on Earth do.

I'm so blessed in the Universe that I don't wish to be on Earth. Thanks for your love and understanding, mom; you made it possible.

CHAPTER IX

The guides of the Universe have a very beautiful job. They teach and, at the same time, are like parents to us. My evolution has been so fast that I'm learning to become one of them, thanks to my mother's love. Laziness is not in my dictionary, I need to work for a good future as much in the Universe as on Earth. To advance we need to get down to work here, too.

A guide's job is to teach energies how to evolve. If energies want to go back to Earth, they will teach them and go with them as many times as necessary.

At first, Juan wanted to help his family, who were grieving his loss. That's why he was often allowed to visit his parents and his sister, who didn't understand why he had to leave the way he did. Thamanuel went with him many times, until he was able to go on his own.

He has been home many times. At first, he turned on the music in his sister's room to let his mother know he was there with them, but they were scared because he could not control the music yet. Other tricks he did were turning on the lights, turning off the television, moving the hands of the clock, hiding things that he afterwards returned... His sister said that she had programmed the music, but his mom soon understood that it was Juan who was trying to make himself noticed and this became their agreement. Every time he came, he would play a trick for her to know.

Thamanuel is very happy about my mother, too. He loves her and visits her quite a lot to teach her how to work with us. He comforts and calms her down, so she can do a good job and she feels relaxed and accompanied.

I'd like to tell you about my guide, Thamanuel, an Indian shaman. Many years ago he lived on Earth, where he also had a family. They now live in the Universe. He's black, not very tall, but very old. He finished his life on Earth and in time he's evolved so much that he's very high in the hierarchy of guide trainers.

You may not know a lot of things at your age, but you can surely ask your parents to explain them to you. You may ask them questions like: What is a guide, dad? And your dad will tell you that a guide is like a teacher or a professor of which there are many on Earth. Their work is to teach children to grow, to study, to behave properly, to be educated and to respect their elders. Now you've understood it, right?

The people you call teachers or professors on Earth are called guides here, because their job is to guide the energies in the way of light and love. A guide loves their students as if they were their children; in the same way your teachers love you as if you were their children.

You must know that love is most important for your growth. Do all things with love and joy and you will grow to be good and proper adults who make the most of life. You will make great progress in your studies, your careers and your relationships. Thamanuel, says that if you do everything just as I tell you in this book, you will be very successful on Earth and in the Universe. So, you must try to excel in your studies. Your parents will be proud of you and besides it will be for your future well-being. Besides, when you start your

own families, the way you've lived in your childhood will show in your children. Our lives, on Earth just as in the Universe, are always a learning experience that we have to live to get to eternity.

Am I boring you? A bit, aren't I? But important things need to be said many times, so they are not forgotten and you should never forget this for your own good.

CHAPTER X

Let's make the most of the lessons of our teachers and guides! Being a teacher may seem an easy task to you, but it isn't. It's very delicate because they have your future in their hands; thanks to them, you'll grow up to be decent, successful people.

We're getting along just fine, right? Ah... you didn't know all this about the Universe, right? Well, go on reading and you'll learn some more things. Many of you will not be interested, but whoever has an energy from their family in the Universe, they will. They'll also be able to get to them by doing what I've told you. This is how the world goes. Some people experience things that others will never understand, no matter how hard they try. And for those of you whose parents are in heaven, which I call the Universe, you can communicate with them and ask them a lot of things. They will listen to you.

The world turns on and on, life on Earth is a rat race, but you get nowhere by hurrying. You need to slow down. All of you will become energy one day and to prepare for that moment, you need to live honestly, doing things the best you can.

You are living times of change in which you have to learn constantly. Technology has advanced very much, but if there had been as much advancement in love there wouldn't be so many disasters. Sometimes, the things that happen in the world are messages to which we need to listen. One of these messages is that we have to live more slowly, with love and wisdom.

Some countries bend over backwards to help others when there is a catastrophe and this is how it should be. However, there are countries at never-ending wars, where children bear the brunt. They're paying for the errors of their elders. They don't understand why they can't play in the street or the reason their parents don't let them go out. They grow up with fear and this is a shame. Children should have joyful childhoods, so they can pass along the important values they learnt. How can they do that when they have seen all the horrors of war? What purpose do wars serve? The countries at war don't advance and children suffer. We have to help the children who are suffering poverty.

There are organizations that help, but they aren't enough. We must be aware of those children, help them and give them hope for the future. There are families who adopt abandoned children. They are doing a good deed for humanity, as well as for the children by opening a world of possibilities to them. But the help is mutual, because while the family gives them love and education, the children give back their smile and joy of living.

After I left Earth my mother thought about taking a child into our home and giving them an education, but she was so shattered that she couldn't do it. Now she is better, the idea could now become a reality and she could bring joy to a child who has lost their parents in a war or natural disaster.

I tell my mother to send love and light to all forsaken children, who live on their own in the streets. It is regrettable that in these times we allow this to happen. The authorities of the countries where this happens need to remedy this situation and look after their children.

From the Universe we watch those children that nobody cares for. Their recovery is very difficult, because some of

them get so damaged that their inclusion in society becomes impossible. As I said, there aren't enough organizations which look after them. More work has to be done to include them.

CHAPTER XI

As you've already read, the energies that leave Earth go to the Universe and can be contacted. Learning to get to us is not difficult. Light is the means of talking between Earth and the Universe. Love is the light that makes things happen, so love is the way of communicating with us. Light and love is the same for us in the Universe.

Also, the distance between both worlds is very small and we travel at the speed of light from place to place. That is what we do and we can be in many places at the same time, too.

However, you are not aware of the power of energy and don't take advantage of it. The Universe is very rich and you could save many lives, if you made use of it.

We can send light to you when you're having a bad time. You could improve your life by using our energy; but the only thing you do is go to the doctor and take medicines. Many times, the energy we send helps your body recover on its own, just relaxing and allowing the energy to heal you. Try it and you'll see that it really works.

My mother is full of love and the energy that I send her is curing a lot of people. She asked to be able to help and she doesn't ask for anything in return. That's why she has access to my energy.

You may also have seen people who do remarkable things for humanity. Well, if a person is inspired by love of human-

ity and wants to work for the good of their fellow men, they will draw our attention and receive our love and energy, too. Our task is to support truly unselfish causes; that is what we do.

This isn't something new. You can read it in passages from Sacred Scripture written two thousand years ago: *"love works miracles"*, *"love will save your life"*, *"love will take you to the realm of heaven"*.... That's exactly the way it is.

Mind you, it is unconditional love the kind of love I'm talking about. The love that gives but takes nothing, such as our parents' love, which never asks for anything back. Well, except things you should do for your own good, like showing respect, doing chores and not wasting time on Earth.

Parents are always forgiving and understanding and they want the very best for their children. There are exceptions, but only in rare cases. If parents are sane, they don't abuse their children. Society has to look after the families in which the parents don't take good care of their children. From the Universe, we also look after these families and, especially, of all the children who are living in homes where love is missing. Children are the future of the world and that's why it so important to care for them, giving them loving environments where they can thrive.

When children ask us for help, we go immediately to them and try to make their lives happier, so they become decent people who can pass on positive values to their children, as well.

All this may be complicated for you to understand, but it is the role of parents to transmit values and ideas, such as what happens after we leave Earth, how we become energy, how we live in the Universe and what we are able to do there. Life goes on in the Universe. Knowing these things will set you up for a better future.

CHAPTER XII

I hope that my experience in the Universe hasn't bored you, because these are things you should know. Don't forget that we are waiting for you to contact us and be able to help.

In the earthly world, life is very fast and sometimes people become stressed because they want to do too much. It is not necessary to hurry things because things happen, whether we walk slowly or fast. Just wanting to be the first to arrive is nonsense, because you may leave things in your path that afterwards you will have to fix.

Life in the Universe is pleasant. When I don't have anything at all to do, I lay back on a cloud and float away, or I recite poetry that I send to my mother through the Internet. She enjoys reading them a lot.

I dedicated a poem to my friends on Earth and also dedicate it to you, the children of the world.

The song of the traveler

*Gosh, when you get to the stars,
you are almost at home!
But it seems ahead of time.
Stars, why am I here?
Destiny brought you here.
But is this really my destiny?*

*It doesn't matter,
you are part of the Universe now.
Do I really have to stay with you?
Please, tell me, what can I do?
Look traveler, look below.
What do you see?
I see a world that turns in reverse.
Yes, it is true.
Would you like to do something for this world?
You could go back to it.
Well, ...if I can help... I'll go back.
Your decision is fair, my child.
We'll give you our light
to be shed on the world.*

I fly without a course on a cloud blown away by the wind. When I lived on Earth, I really liked traveling. I used to go on vacations with my parents and my sister to visit countries and cities with different kinds of people. Now on this fluffy cloud, I return to those places where I was happy with them. Things look different from here. Wow, I'm flying over "El Bocal", where they control the flow of the river after it passes through Tudela. It looks bigger! This was the last trip that the family did together, it was Constitution day 2000. Four months later, I was here in the Universe, traveling like I'm doing now.

The river Ebro looks very big from here and its muddy waters have always been like that. Do you know why? It starts in Reinosa, in the province of Santander, its waters go through a zone that turns them this brown color. As it flows through Saragossa, it looks huge. My parents' home is very

near the river. From their windows they can see it go past the Cathedral of Our Lady of the Pilar; it flows under the bridges and empties at Tortosa, in the province of Tarragona.

Although you may already know about the river Ebro, I talk about it, because these are memories that I'll keep. I remember the times that I crossed it to go to the old town. I enjoyed living in Saragossa so much that I often go back on a cotton cloud as I'm doing now.

CHAPTER XIII

Children of the world, the energies suspended in the Universe are lights that at night shine for all of you. When you look skywards, remember everything that you have read in this book. The youngsters who one day left their bodies on Earth live here. Now their energy shines brilliantly in the sky. People don't usually talk about these things in their daily lives, right?

We like being remembered and being present in your gatherings, trips, games... Your love helps us grow; it helps us to walk toward the light and we're happier when our loved ones remember us fondly. You will learn to look at the sky and smile, thinking about the beings that are looking after you and helping you to evolve, because Earth is where the evolution begins.

My mother has made great progress on her way to evolution with everything she is doing for me. When her energy gets to the Universe it will shine brilliantly, because she will be a very a very advanced soul.

You have learnt a lot of things about the Universe that I bet you didn't know.

When I was fourteen, my grandpa, Miguel, died. I missed him a lot, because I enjoyed spending time with him when I went to his house in "La Paul", the little town where he used to live. Once he made a slingshot for me. He loved being a

carpenter and making things with wood, like chairs, carts, doors and stuff like that.

One day we went to the mountains with my slingshot in my pocket to try to hunt some rabbits. He couldn't speak because he'd had an operation for throat cancer and he talked with hand signs. In spite of all this, he didn't lose his good humor. So, we were throwing stones into the thickets to scare out the rabbits, when an enormous rabbit jumped out from one of them. It ran so fast that I didn't have time to use the slingshot before it had disappeared. Well, the next time we'll have better luck.

We sat on some rocks and took the sandwiches out of the backpack to have lunch. Sometimes my grandpa drew and wrote things on the ground with a stick. Other times he took the notebook and the pencil out of his pocket and wrote things. I would answer very loudly, because he could hardly hear. Poor grandpa! I thought, but to him it wasn't a problem; he had been nearly deaf since he was 18. He got wounded fighting in the Spanish Civil War. He was in the Battle of Teruel, where there were a lot of bombings. He had been using hearing aids since then, but sometimes they bothered him and so he would take them out.

I loved my grandfather dearly and enjoyed being with him. On weekends, when my parents took us to the village, he would let us play on a very old tractor. It was awesome!

When I came to the Universe I saw my grandpa. We have been together many times. We are not in the same group, but I can visit him. Sometimes we travel together to Earth to visit Balbina, my grandmother. She lives in our village, "La Paul". She loves us a lot and often thinks about us. She takes flowers to the cemetery where our bodies are buried and lights

candles, which are symbolic of the light, in our memory. She says prayers for us and she asks the priest, Father Jesus, to mention us in mass; it's a catholic custom. He is already very old and will soon come to join us in the Universe.

I tell you this, so you aren't afraid of what life may bring you. Life is simple and beautiful. You should live honestly, enjoy life and try to be good persons. Now you have learnt that when you arrive in the Universe, life is fun and you go on learning.

I am enjoying this book a lot and I think that my mother is also, right mom?

CHAPTER XIV

The world is formed by earth, air, water and energy and it is surrounded by energy. All of us in the Universe take care of you and protect you, which means that you are privileged. Oh, I know, I know what you are thinking. You are wondering about the reason for so many disasters and why so many children die. There are natural disasters that can't be avoided. But you can take care of your beautiful planet and give it special, tender care, so that some of them may be avoided. People's reckless actions have turned against them. This is why you, children, the adults of the future, are being educated to take better care of the planet. We hope that we don't have so many disasters in the future.

You should be studying hard to become good scientists, engineers, biologists, professors ... and work toward saving the planet. We are all responsible for the Earth and together we have to make a better world. Who better than you, who are young and are aware of this? I was also a youngster like you, mind you, not very conscious of this, but now I can clearly see that planet Earth needs immediate action if you want to preserve it. I will help you from up here and together we can help the Earth recover all its glory.

Take great care of the plants. They do a very important job in the conservation of the life in the planet. Plant tree and look after them, as well as the animals. They also contribute

their part in the survival of the planet. With their waste, they help fertilize the ground and help plants grow.

You like to bathe in rivers, lakes and oceans, right? What's happening with the water? Through the years humans have not concerned themselves about the water because it rained and rained. Now there is less and less rain, there are severe droughts. So we mustn't contaminate the water.

Factories, nuclear power plants... What a disaster! Why were they built, anyway? The world needs to advance, but we trust you, our future adults, to do things differently and put an end to so many errors.

I hope that you take my advice and start to work hard at school to become experts in all matters relating to mother Earth. When you finish your studies, it's time to put into practice all your knowledge and do things for nature.

I would tell you a lot more, but I know that reading is not your strength and I don't wish to go on for too long. I would like to finish by saying that I am happy in the Universe and I will be much happier, when you understand and do the things that I have tried to tell you.



The benefits obtained through this book will be destined to the Juan Rioseras Foundation in order to help youngsters from unstructured families.



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Inglés

